



Rainbows

Guiding Children and Young People
Through Life's Storms.

"I would highly recommend the Rainbows programme to any school...we are delighted to have this invaluable tool to support our pastoral care"

St. Thomas of Canterbury
Catholic Primary School, Herts

Rainbows Bereavement Support Programme

Training for school staff to support pupils experiencing bereavement and loss

We offer training for school staff enabling them to run support groups for pupils who have experienced a significant loss in their lives. Losses include bereavement through the death of a loved one, family breakdown or separation.

Rainbows is a well established programme and currently operates successfully in over 1,500 primary and secondary schools nationwide.



Follow us
@CathChildW

Delivered by



“Before Rainbows she was very guarded and unhappy. She didn’t have any friends and found it difficult to trust anyone.

“Now the barrier has come down. She has made friends in school and is so much more upbeat and positive”

**Longfield Primary School,
Harrow**



Why do I need this in my school?

Sadly all schools will have pupils struggling with experiences of loss. This often means these young people are distracted and anxious and struggle to concentrate in class or engage with learning.

Without appropriate support these difficulties can escalate leading to poor educational outcomes and mental health concerns.

How can Rainbows help?

Rainbows gives pupils the opportunity to talk about their feelings with peers in a safe and nurturing environment. This helps them to feel less alone with their grief and to understand there are others who are going through similar experiences.

As a result pupils’ self-esteem and confidence grows and they are in a far stronger position to engage with school life and achieve their full potential.

For more information about how Rainbows could benefit your school please contact

Suzanne Wintz at **suzanne@cathchild.org.uk**
or call **020 8969 5305**